

Mondays to Fridays except Public Holidays

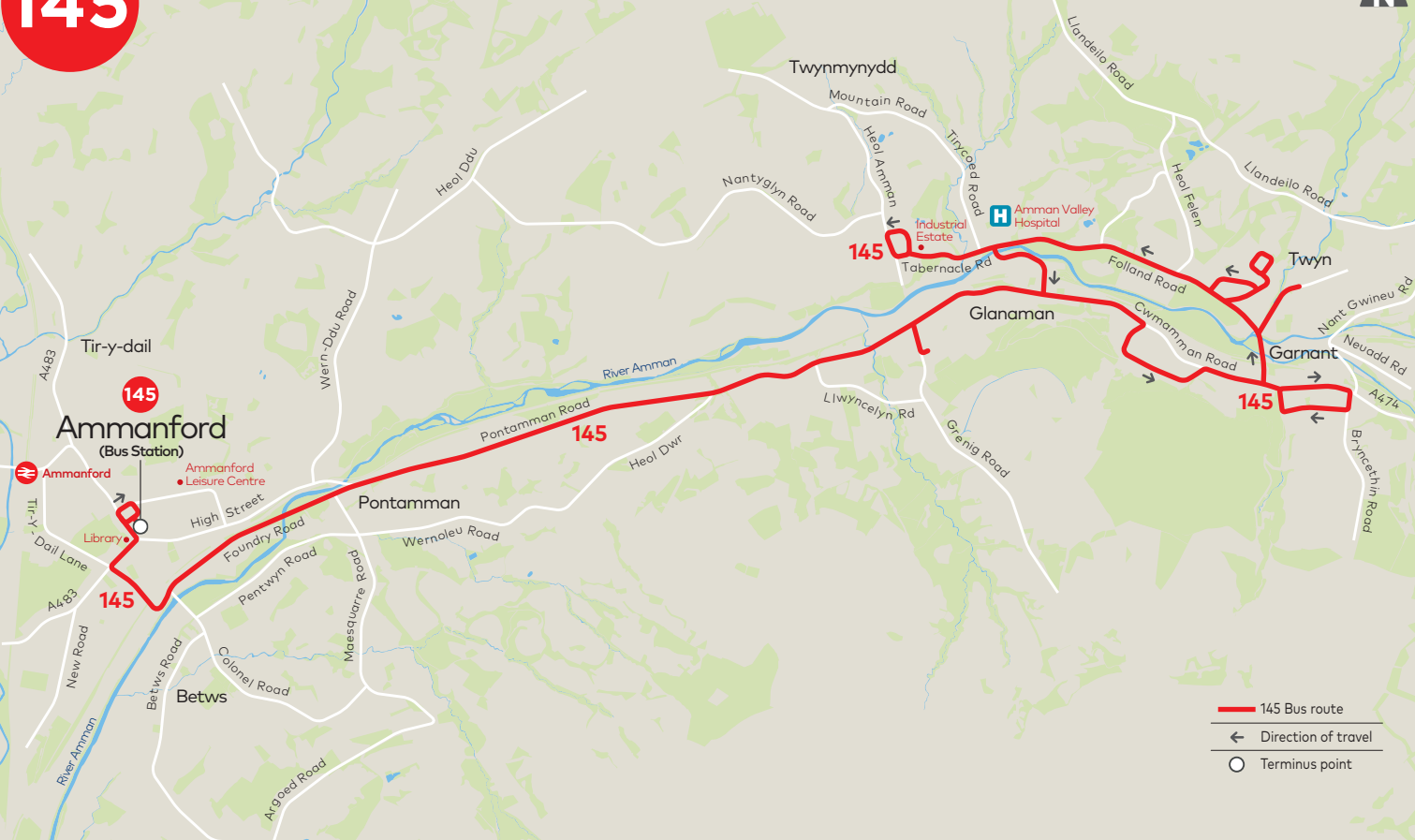
<i>Service Number</i>	145	145	145
Ammanford (Bus Station)	0900	1100	1300
Ammanford (Opp.Wilkinsons)	0903	1103	1303
Glanaman (Bro Ryan)	0912	1112	1312
Garnant (New School Road)	0917	1117	1317
Garnant (Raven Inn)	0919	1119	1319
Garnant (Stepney Road)	0921	1121	1321
Garnant (Raven Inn)	0923	1123	1323
Twyn (Square)	0925	1125	1325
Maes-y-Bedal (Shelter)	0929	1129	1329
Folland Road (Opp.Hospital)	0936	1136	1336
Cwmaman (Heol Aman) shelter	0938	1138	1338
Glanaman (Square)	0942	1142	1342
Glanaman (Bro Ryan)	0945	1145	1345
Ammanford (Wilkinsons)	0954	1154	1354
Ammanford (Bus Station)	0957	1157	1357




Saturdays except Public Holidays

<i>Service Number</i>	145	145	145
Ammanford (Bus Station)	0900	1100	1300
Ammanford (Opp.Wilkinsons)	0903	1103	1303
Glanaman (Bro Ryan)	0912	1112	1312
Garnant (New School Road)	0917	1117	1317
Garnant (Raven Inn)	0919	1119	1319
Garnant (Stepney Road)	0921	1121	1321
Garnant (Raven Inn)	0923	1123	1323
Twyn (Square)	0925	1125	1325
Maes-y-Bedal (Shelter)	0929	1129	1329
Folland Road (Opp.Hospital)	0936	1136	1336
Cwmaman (Heol Aman) shelter	0938	1138	1338
Glanaman (Square)	0942	1142	1342
Glanaman (Bro Ryan)	0945	1145	1345
Ammanford (Wilkinsons)	0954	1154	1354
Ammanford (Bus Station)	0957	1157	1357

No service on Sundays and Public Holidays

145



-  145 Bus route
-  Direction of travel
-  Terminus point