

## First Education and School Travel

Our Education and School Travel team specialise in arranging fully bonded, bespoke educational travel tours, residential visits and day trips. We work alongside a wide range of experienced partners such as the Field Studies Council and the Youth Hostels Association. We are also proud to manage the transport provision and logistical support aspects of the DCSF funded Do it 4 Real Summer Camp programme.

## Travel Safely by Road or Rail

We provide your group with a safe and reliable travel service as part of the package, you have the option to travel either by coach or where possible by rail.



## first travel solutions and Castle Head field studies centre working in partnership

**First Travel Solutions** is part of the FirstGroup of companies, the UK's largest surface passenger transport company carrying 2.7 million passengers every day.

**The Field Studies Council** is an environmental education charity committed to helping people understand and be inspired by the natural world. Thousands of students every year experience the FSC through fieldwork and cross-curricular courses at their network of 17 centres across the UK.

Working in partnership with Field Studies Council we use our expertise to manage all aspects of your package travel. From your very first contact with us you will be assigned a dedicated Group Travel Co-ordinator who will be on hand to help you at all stages of planning.

## How to book

Simply let us know the dates you would like to make your visit, the size of your group and any special requirements your group may have. We will do our utmost to find your ideal residential experience.

**For more  
information**

**Call: 0844 854 2561**

**Email: [school.travel@firstgroup.com](mailto:school.travel@firstgroup.com)**

**Visit: [www.firsttravelsolutions.com](http://www.firsttravelsolutions.com)**

Key stage 2 & 3

# get active



## Residential Activity Packages in the Lake District

**FSC**

BRINGING  
ENVIRONMENTAL  
UNDERSTANDING TO ALL

## get active

### Residential Activity packages for primary and secondary schools

5 days/4 nights (Mon-Fri) or 4 days/3 nights Fri-Mon.

Our activity focussed residential programmes delivered at Castle Head Field Studies Centre are designed to help those participating gain confidence and promote team-building skills for all age groups and offer a great outside classroom experience for your group. These packages prove very popular with Key Stage 2 & 3, especially as a Year 7 introductory course.

This type of residential visit can provide many positive experiences for children as widely promoted by the DCSF within the Learning Outside the Classroom manifesto. The team of instructors on-site have unrivalled experience in delivering fieldwork and working with young people. All activities, field sites and buildings are fully risk assessed with copies available for your inspection. We also encourage you to carry out a planning visit in advance of your trip to help with familiarisation of the site. We take pride in the flexibility of the package we can offer you, let us know exactly what content you wish to include and we will work with you to plan a bespoke experience.

## Activity package

### A typical programme

**Day 1:** Welcome, familiarisation and evening session.

**Day 2: Lakeland Adventure Challenge Day...** climbing/ canoeing/ ghyll scramble/ horizontal sea traverse in the South Lakes area.

**Day 3: Team Rafting Day...** team building/problem solving day where teams earn points to be able to build and paddle their own raft.

**Day 4: Journey Day...** by foot to experience the South Lakeland fells... maybe a mountain top.

### Evening sessions:

- Orienteering
- Night walk
- Egg drop challenge
- Eco-trail and eco-footprinting
- Fire lighting
- Lantern making and parade
- Dusk creature watch

## what do we do?

We arrange the transport to and from school, we make all of your package arrangements with the Centre on your behalf and we provide you with one simple booking form, one invoice and a travel pack that includes all relevant risk assessments and licensing... it could not be easier!

## Package includes

- Fully managed travel to and from your school to Castle Head Field Studies Centre
- Dedicated bookings coordinator who will handle all aspects of your planned visit
- Safe and secure residential accommodation
- Full Board meals package
- Delivery of an activity focussed residential programme



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