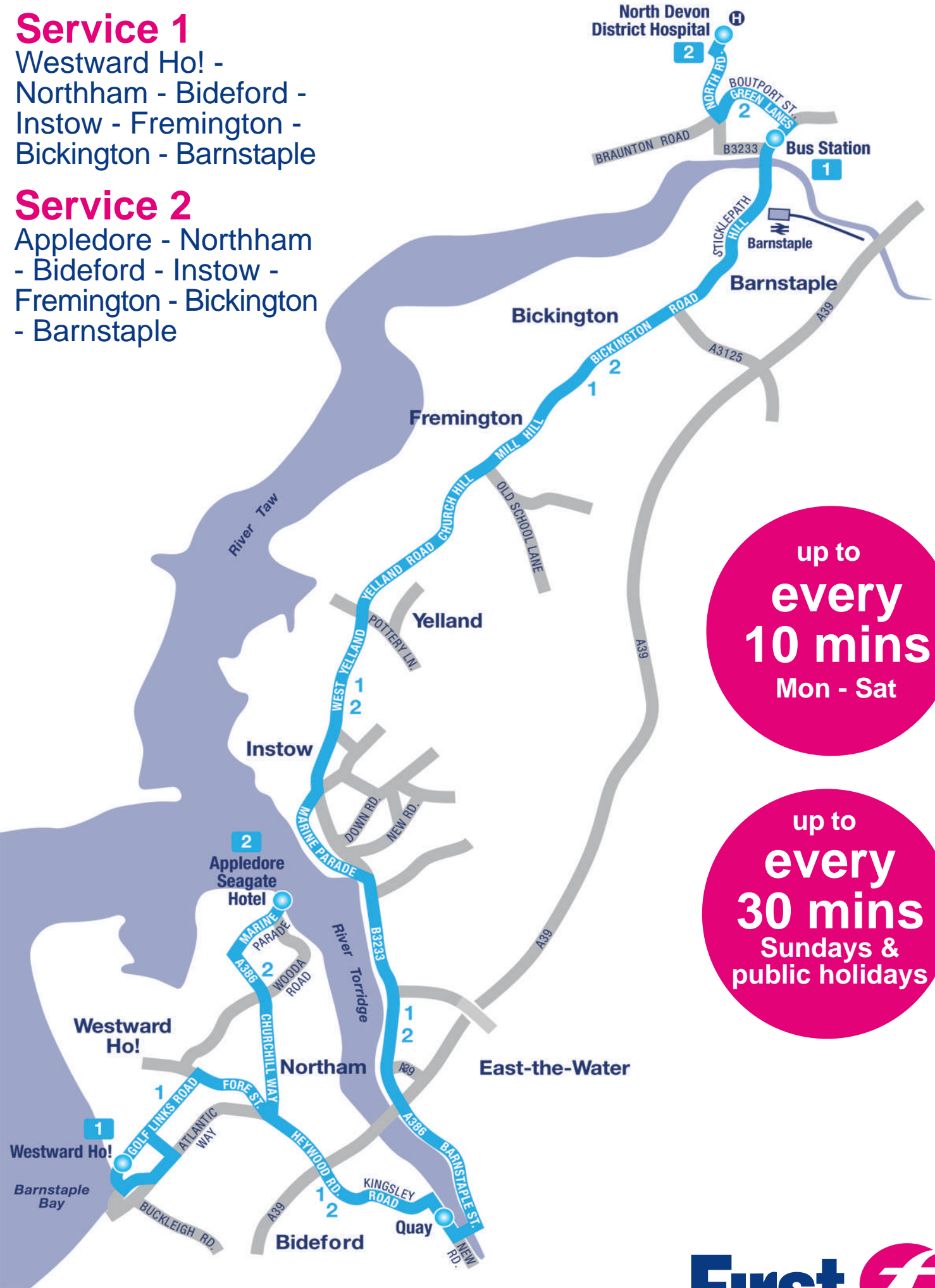


## Service 1

Westward Ho! -  
Northham - Bideford -  
Instow - Fremington -  
Bickington - Barnstaple

## Service 2

Appledore - Northham  
- Bideford - Instow -  
Fremington - Bickington  
- Barnstaple



up to  
**every  
10 mins**  
Mon - Sat

up to  
**every  
30 mins**  
Sundays &  
public holidays