

23/23A/24/24A

Saturdays

Valid from: 04/08/2019

Valid to: 24/08/2019

- 23 Heartsease - Costessey
Via City Centre
- 23A Heartsease - Costessey
Via City Centre
- 24 Thorpe St Andrew - Costessey, Queens Hills
Via City Centre
- 24A Thorpe St Andrew - Costessey, Queens Hills
Via City Centre

Service No.:	23	24	23A	24	23	24	23A	24A	23	24	23A	24A
Notes:	SA				SA							
Thorpe St.Andrew,Sainsburys	----	0700	----	0732	----	0802	----	0822	----	0837	----	0852
South Hill Road,Charles Avenue	----	0703	----	0735	----	0805	----	----	----	0840	----	----
Gordon Avenue,Hillcrest Road	----	0711	----	0743	----	0813	----	----	----	0848	----	----
Booty Road,Woodlands Crescent	----	----	----	----	----	----	----	0827	----	----	----	0857
Plumstead Road East,Witard Road	----	----	----	----	----	----	----	0834	----	----	----	0904
Heartsease,Sale Road	0700	----	0724	----	0754	----	0818	----	0833	----	0848	----
Plumstead Road,The Heartsease	0707	0715	0734	0747	0804	0817	0830	0837	0845	0852	0900	0907
Rail Station,Wensum House	0714	0722	0741	0754	0811	0825	0838	0845	0853	0900	0908	0915
City Centre,Castle Meadow [CT]	0717	0727	0745	0758	0815	0830	0843	0850	0858	0905	0913	0920
City Centre,Theatre Street [BE]	0720	0730	0749	0802	0819	0834	0847	0854	0902	0909	0917	0924
Dereham Road,Adelaide Street	0726	0736	0755	0808	0825	0840	0853	0900	0908	0915	0923	0930
Dereham Road,Larkman Lane	0733	0743	0803	0816	0833	0849	0902	0909	0917	0924	0932	0939
Costessey,Breckland Road Roundabout	0737	----	----	----	0837	----	----	----	0921	----	----	----
Costessey,Longwater Lane,Park	----	----	0813	----	----	----	0912	----	----	----	0942	----
Roundwell Medical Centre	0743	----	0815	----	0843	----	0914	----	0927	----	0944	----
Dereham Road,Longwater Lane	----	0748	----	0821	----	0854	----	0914	----	0929	----	0944
Lodge Farm,Lord Nelson Drive	0748	----	0820	----	0848	----	0919	----	0932	----	0949	----
William Frost Way,Sainsburys	----	----	----	----	----	----	----	----	----	----	----	----
Longwater,Sainsburys	----	0752	----	0825	----	0858	----	0918	----	0933	----	0948
Queens Hills,Kestrel Avenue	----	0757	----	0830	----	0903	----	0923	----	0938	----	0953

Notes:

SA Journey starts at Salhouse Road,Homebase

Service No.:	23	24	23A	24A	23	24	23A	24A	23	24	23A	24A
Notes:	SA											
Thorpe St.Andrew,Sainsburys	----	0907	----	0922	----	0937	----	0952	----	1007	----	1022
South Hill Road,Charles Avenue	----	0910	----	----	----	0940	----	----	----	1010	----	----
Gordon Avenue,Hillcrest Road	----	0918	----	----	----	0948	----	----	----	1018	----	----
Booty Road,Woodlands Crescent	----	----	----	0927	----	----	----	0957	----	----	----	1027
Plumstead Road East,Witard Road	----	----	----	0934	----	----	----	1004	----	----	----	1034
Heartsease,Sale Road	0903	----	0918	----	0933	----	0948	----	1003	----	1018	----
Plumstead Road,The Heartsease	0915	0922	0930	0937	0945	0952	1000	1007	1015	1022	1030	1037
Rail Station,Wensum House	0923	0930	0938	0945	0953	1000	1008	1015	1023	1030	1038	1045
City Centre,Castle Meadow [CT]	0928	0935	0943	0950	0958	1005	1013	1020	1028	1035	1043	1050
City Centre,Theatre Street [BE]	0932	0939	0947	0954	1002	1009	1017	1024	1032	1039	1047	1054
Dereham Road,Adelaide Street	0938	0945	0953	1000	1008	1015	1023	1030	1038	1045	1053	1100
Dereham Road,Larkman Lane	0947	0954	1002	1009	1017	1024	1032	1039	1047	1054	1102	1109
Costessey,Breckland Road Roundabout	0951	----	----	----	1021	----	----	----	1051	----	----	----
Costessey,Longwater Lane,Park	----	----	1012	----	----	----	1042	----	----	----	1112	----
Roundwell Medical Centre	0957	----	1014	----	1027	----	1044	----	1057	----	1114	----
Dereham Road,Longwater Lane	----	0959	----	1014	----	1029	----	1044	----	1059	----	1114
Lodge Farm,Lord Nelson Drive	1002	----	1019	----	1032	----	1049	----	1102	----	1119	----
William Frost Way,Sainsburys	----	----	----	----	----	----	----	----	----	----	----	----
Longwater,Sainsburys	----	1003	----	1018	----	1033	----	1048	----	1103	----	1118
Queens Hills,Kestrel Avenue	----	1008	----	1023	----	1038	----	1053	----	1108	----	1123

Notes:

SA Journey starts at Salhouse Road,Homebase

Service No.:	23	24	23A	24A	23	24	23A	24A	23	24	23A	24A
Notes:												
Thorpe St.Andrew,Sainsburys	----	1037	----	1052	----	1107	----	1122	----	1137	----	1152
South Hill Road,Charles Avenue	----	1040	----	----	----	1110	----	----	----	1140	----	----
Gordon Avenue,Hillcrest Road	----	1048	----	----	----	1118	----	----	----	1148	----	----
Booty Road,Woodlands Crescent	----	----	----	1057	----	----	----	1127	----	----	----	1157
Plumstead Road East,Witard Road	----	----	----	1104	----	----	----	1134	----	----	----	1204
Heartsease,Sale Road	1033	----	1048	----	1103	----	1118	----	1133	----	1148	----
Plumstead Road,The Heartsease	1045	1052	1100	1107	1115	1122	1130	1137	1145	1152	1200	1207
Rail Station,Wensum House	1053	1100	1108	1115	1123	1130	1138	1145	1153	1200	1208	1215
City Centre,Castle Meadow [CT]	1058	1105	1113	1120	1128	1135	1143	1150	1158	1205	1213	1220
City Centre,Theatre Street [BE]	1102	1109	1117	1124	1132	1139	1147	1154	1202	1209	1217	1224
Dereham Road,Adelaide Street	1108	1115	1123	1130	1138	1145	1153	1200	1208	1215	1223	1230
Dereham Road,Larkman Lane	1117	1124	1132	1139	1147	1154	1202	1209	1217	1224	1232	1239
Costessey,Breckland Road Roundabout	1121	----	----	----	1151	----	----	----	1221	----	----	----
Costessey,Longwater Lane,Park	----	----	1142	----	----	----	1212	----	----	----	1242	----
Roundwell Medical Centre	1127	----	1144	----	1157	----	1214	----	1227	----	1244	----
Dereham Road,Longwater Lane	----	1129	----	1144	----	1159	----	1214	----	1229	----	1244
Lodge Farm,Lord Nelson Drive	1132	----	1149	----	1202	----	1219	----	1232	----	1249	----
William Frost Way,Sainsburys	----	----	----	----	----	----	----	----	----	----	----	----
Longwater,Sainsburys	----	1133	----	1148	----	1203	----	1218	----	1233	----	1248
Queens Hills,Kestrel Avenue	----	1138	----	1153	----	1208	----	1223	----	1238	----	1253

Service No.:	23	24	23A	24A	23	24	23A	24A	23	24	23A	24A
Notes:												
Thorpe St.Andrew,Sainsburys	----	1207	----	1222	----	1237	----	1252	----	1307	----	1322
South Hill Road,Charles Avenue	----	1210	----	----	----	1240	----	----	----	1310	----	----
Gordon Avenue,Hillcrest Road	----	1218	----	----	----	1248	----	----	----	1318	----	----
Booty Road,Woodlands Crescent	----	----	----	1227	----	----	----	1257	----	----	----	1327
Plumstead Road East,Witard Road	----	----	----	1234	----	----	----	1304	----	----	----	1334
Heartsease,Sale Road	1203	----	1218	----	1233	----	1248	----	1303	----	1318	----
Plumstead Road,The Heartsease	1215	1222	1230	1237	1245	1252	1300	1307	1315	1322	1330	1337
Rail Station,Wensum House	1223	1230	1238	1245	1253	1300	1308	1315	1323	1330	1338	1345
City Centre,Castle Meadow [CT]	1228	1235	1243	1250	1258	1305	1313	1320	1328	1335	1343	1350
City Centre,Theatre Street [BE]	1232	1239	1247	1254	1302	1309	1317	1324	1332	1339	1347	1354
Dereham Road,Adelaide Street	1238	1245	1253	1300	1308	1315	1323	1330	1338	1345	1353	1400
Dereham Road,Larkman Lane	1247	1254	1302	1309	1317	1324	1332	1339	1347	1354	1402	1409
Costessey,Breckland Road Roundabout	1251	----	----	----	1321	----	----	----	1351	----	----	----
Costessey,Longwater Lane,Park	----	----	1312	----	----	----	1342	----	----	----	1412	----
Roundwell Medical Centre	1257	----	1314	----	1327	----	1344	----	1357	----	1414	----
Dereham Road,Longwater Lane	----	1259	----	1314	----	1329	----	1344	----	1359	----	1414
Lodge Farm,Lord Nelson Drive	1302	----	1319	----	1332	----	1349	----	1402	----	1419	----
William Frost Way,Sainsburys	----	----	----	----	----	----	----	----	----	----	----	----
Longwater,Sainsburys	----	1303	----	1318	----	1333	----	1348	----	1403	----	1418
Queens Hills,Kestrel Avenue	----	1308	----	1323	----	1338	----	1353	----	1408	----	1423

Service No.:	23	24	23A	24A	23	24	23A	24A	23	24	23A	24A
Notes:												
Thorpe St.Andrew,Sainsburys	----	1337	----	1352	----	1407	----	1422	----	1437	----	1452
South Hill Road,Charles Avenue	----	1340	----	----	----	1410	----	----	----	1440	----	----
Gordon Avenue,Hillcrest Road	----	1348	----	----	----	1418	----	----	----	1448	----	----
Booty Road,Woodlands Crescent	----	----	----	1357	----	----	----	1427	----	----	----	1457
Plumstead Road East,Witard Road	----	----	----	1404	----	----	----	1434	----	----	----	1504
Heartsease,Sale Road	1333	----	1348	----	1403	----	1418	----	1433	----	1448	----
Plumstead Road,The Heartsease	1345	1352	1400	1407	1415	1422	1430	1437	1445	1452	1500	1507
Rail Station,Wensum House	1353	1400	1408	1415	1423	1430	1438	1445	1453	1500	1508	1515
City Centre,Castle Meadow [CT]	1358	1405	1413	1420	1428	1435	1443	1450	1458	1505	1513	1520
City Centre,Theatre Street [BE]	1402	1409	1417	1424	1432	1439	1447	1454	1502	1509	1517	1524
Dereham Road,Adelaide Street	1408	1415	1423	1430	1438	1445	1453	1500	1508	1515	1523	1530
Dereham Road,Larkman Lane	1417	1424	1432	1439	1447	1454	1502	1509	1517	1524	1532	1539
Costessey,Breckland Road Roundabout	1421	----	----	----	1451	----	----	----	1521	----	----	----
Costessey,Longwater Lane,Park	----	----	1442	----	----	----	1512	----	----	----	1542	----
Roundwell Medical Centre	1427	----	1444	----	1457	----	1514	----	1527	----	1544	----
Dereham Road,Longwater Lane	----	1429	----	1444	----	1459	----	1514	----	1529	----	1544
Lodge Farm,Lord Nelson Drive	1432	----	1449	----	1502	----	1519	----	1532	----	1549	----
William Frost Way,Sainsburys	----	----	----	----	----	----	----	----	----	----	----	----
Longwater,Sainsburys	----	1433	----	1448	----	1503	----	1518	----	1533	----	1548
Queens Hills,Kestrel Avenue	----	1438	----	1453	----	1508	----	1523	----	1538	----	1553

Service No.:	23	24	23A	24A	23	24	23A	24A	23	24	23A	24A
Notes:												
Thorpe St.Andrew,Sainsburys	----	1507	----	1522	----	1537	----	1552	----	1607	----	1622
South Hill Road,Charles Avenue	----	1510	----	----	----	1540	----	----	----	1610	----	----
Gordon Avenue,Hillcrest Road	----	1518	----	----	----	1548	----	----	----	1618	----	----
Booty Road,Woodlands Crescent	----	----	----	1527	----	----	----	1557	----	----	----	1627
Plumstead Road East,Witard Road	----	----	----	1534	----	----	----	1604	----	----	----	1634
Heartsease,Sale Road	1503	----	1518	----	1533	----	1548	----	1603	----	1618	----
Plumstead Road,The Heartsease	1515	1522	1530	1537	1545	1552	1600	1607	1615	1622	1630	1637
Rail Station,Wensum House	1523	1530	1538	1545	1553	1600	1608	1615	1623	1630	1638	1645
City Centre,Castle Meadow [CT]	1528	1535	1543	1550	1558	1605	1613	1620	1628	1635	1643	1650
City Centre,Theatre Street [BE]	1532	1539	1547	1554	1602	1609	1617	1624	1632	1639	1647	1654
Dereham Road,Adelaide Street	1538	1545	1553	1600	1608	1615	1623	1630	1638	1645	1653	1700
Dereham Road,Larkman Lane	1547	1554	1602	1609	1617	1624	1632	1639	1647	1654	1702	1709
Costessey,Breckland Road Roundabout	1551	----	----	----	1621	----	----	----	1651	----	----	----
Costessey,Longwater Lane,Park	----	----	1612	----	----	----	1642	----	----	----	1712	----
Roundwell Medical Centre	1557	----	1614	----	1627	----	1644	----	1657	----	1714	----
Dereham Road,Longwater Lane	----	1559	----	1614	----	1629	----	1644	----	1659	----	1714
Lodge Farm,Lord Nelson Drive	1602	----	1619	----	1632	----	1649	----	1702	----	1719	----
William Frost Way,Sainsburys	----	----	----	----	----	----	----	----	----	----	----	----
Longwater,Sainsburys	----	1603	----	1618	----	1633	----	1648	----	1703	----	1718
Queens Hills,Kestrel Avenue	----	1608	----	1623	----	1638	----	1653	----	1708	----	1723

Service No.:	23	24	23A	24A	23	24	23A	24A	23	24	23A	24A
Notes:												
Thorpe St.Andrew,Sainsburys	----	1637	----	1652	----	1707	----	1722	----	1737	----	1752
South Hill Road,Charles Avenue	----	1640	----	----	----	1710	----	----	----	1740	----	----
Gordon Avenue,Hillcrest Road	----	1648	----	----	----	1718	----	----	----	1748	----	----
Booty Road,Woodlands Crescent	----	----	----	1657	----	----	----	1727	----	----	----	1757
Plumstead Road East,Witard Road	----	----	----	1704	----	----	----	1734	----	----	----	1804
Heartsease,Sale Road	1633	----	1648	----	1703	----	1718	----	1733	----	1748	----
Plumstead Road,The Heartsease	1645	1652	1700	1707	1715	1722	1730	1737	1745	1752	1800	1807
Rail Station,Wensum House	1653	1700	1708	1715	1723	1730	1738	1745	1753	1800	1808	1815
City Centre,Castle Meadow [CT]	1658	1705	1713	1720	1728	1735	1743	1750	1758	1805	1813	1820
City Centre,Theatre Street [BE]	1702	1709	1717	1724	1732	1739	1747	1754	1802	1809	1817	1824
Dereham Road,Adelaide Street	1708	1715	1723	1730	1738	1745	1753	1800	1808	1815	1823	1830
Dereham Road,Larkman Lane	1717	1724	1732	1739	1747	1754	1802	1809	1817	1824	1832	1839
Costessey,Breckland Road Roundabout	1721	----	----	----	1751	----	----	----	1821	----	----	----
Costessey,Longwater Lane,Park	----	----	1742	----	----	----	1812	----	----	----	1842	----
Roundwell Medical Centre	1727	----	1744	----	1757	----	1814	----	1827	----	1844	----
Dereham Road,Longwater Lane	----	1729	----	1744	----	1759	----	1814	----	1829	----	1844
Lodge Farm,Lord Nelson Drive	1732	----	1749	----	1802	----	1819	----	1832	----	1849	----
William Frost Way,Sainsburys	----	----	----	----	----	----	----	----	----	----	----	----
Longwater,Sainsburys	----	1733	----	1748	----	1803	----	1818	----	1833	----	1848
Queens Hills,Kestrel Avenue	----	1738	----	1753	----	1808	----	1823	----	1838	----	1853

Service No.:	23	23A	23	23A	23	23A	23	23A	23	23A
Notes:										
Thorpe St.Andrew,Sainsburys	----	----	----	----	----	----	----	----	----	----
South Hill Road,Charles Avenue	----	----	----	----	----	----	----	----	----	----
Gordon Avenue,Hillcrest Road	----	----	----	----	----	----	----	----	----	----
Booty Road,Woodlands Crescent	----	----	----	----	----	----	----	----	----	----
Plumstead Road East,Witard Road	----	----	----	----	----	----	----	----	----	----
Heartsease,Sale Road	1808	1838	1908	----	2008	----	2108	----	2208	----
Plumstead Road,The Heartsease	1818	1848	1918	----	2018	----	2118	----	2218	----
Rail Station,Wensum House	1825	1855	1925	----	2025	----	2125	----	2225	----
City Centre,Castle Meadow [CT]	1830	1900	1930	2000	2030	2100	2130	2200	2230	2300
City Centre,Theatre Street [BE]	1834	1904	1934	2004	2034	2104	2134	2204	2234	2304
Dereham Road,Adelaide Street	1839	1909	1939	2009	2039	2109	2139	2209	2239	2309
Dereham Road,Larkman Lane	1847	1917	1947	2017	2047	2117	2147	2217	2247	2315
Costessey,Breckland Road Roundabout	1851	----	1951	----	2051	----	2151	----	2251	----
Costessey,Longwater Lane,Park	----	1926	----	2026	----	2126	----	2226	----	2324
Roundwell Medical Centre	1857	1928	1957	2028	2057	2128	2157	2228	2257	----
Dereham Road,Longwater Lane	----	----	----	----	----	----	----	----	----	----
Lodge Farm,Lord Nelson Drive	----	----	----	----	----	----	----	----	----	----
William Frost Way,Sainsburys	1900	1931	2000	2031	2100	2131	2200	2231	2300	----
Longwater,Sainsburys	1901	----	2001	----	2101	----	2201	----	2301	----
Queens Hills,Kestrel Avenue	1907	----	2007	----	2107	----	2207	----	2307	----

- 23 Costessey - Heartsease
Via City Centre
- 23A Costessey - Heartsease
Via City Centre
- 24 Costessey, Queens Hills - Thorpe St Andrew
Via City Centre
- 24A Costessey, Queens Hills - Thorpe St Andrew
Via City Centre

Service No.:	23	23A	23	24	23A	24	23	24A	23A	24	23	24A
Notes:												
Queens Hills,Kestrel Avenue	----	----	----	0730	----	0800	----	0825	----	0840	----	0855
Longwater,Sainsburys	----	----	----	0735	----	0805	----	0830	----	0845	----	0900
William Frost Way,Sainsburys	----	----	----	----	----	----	----	----	----	----	----	----
Lodge Farm,Lord Nelson Drive	0636	0700	0722	----	0752	----	0822	----	0836	----	0852	----
Roundwell Medical Centre	----	----	----	0739	----	0809	----	0834	----	0849	----	0904
Roundwell Medical Centre	0639	0703	0725	----	0755	----	0825	----	0839	----	0855	----
Costessey,Longwater Lane,Park	----	0705	----	----	0757	----	----	----	0841	----	----	----
Costessey,Longwater Lane,Park	----	----	----	----	----	----	----	----	----	----	----	----
Costessey,Breckland Road Roundabout	0646	----	0732	----	----	----	0832	----	----	----	0902	----
Dereham Road,Larkman Lane	0650	0715	0736	0748	0807	0818	0836	0843	0851	0858	0906	0913
Dereham Road,Adelaide Street	0655	0720	0743	0755	0814	0825	0843	0850	0858	0905	0913	0920
City Centre,St Stephens Street	----	----	----	----	----	----	----	----	----	----	----	----
City Centre,Theatre Street [BH]	0703	0728	0753	0805	0824	0835	0853	0900	0908	0915	0923	0930
City Centre,Castle Meadow arr	0707	0732	0758	0810	0829	0840	0858	0905	0913	0920	0928	0935
City Centre,Castle Meadow [CF] dep	0707	0732	0800	0810	0830	0840	0900	0907	0915	0922	0930	0937
Rail Station,Riverside Road	0710	0735	0804	0814	0834	0844	0904	0911	0919	0926	0934	0941
Plumstead Road,The Heartsease	0716	0741	0810	0820	0840	0850	0910	0917	0925	0932	0940	0947
Salhouse Road,Homebase	0719	0744	0813	----	0843	----	0913	----	0928	----	0943	----
Heartsease,Sale Road	0722	0747	0816	----	0846	----	0916	----	0931	----	0946	----
Plumstead Road East,Witard Road	----	----	----	----	----	----	----	0919	----	----	----	0949
Booty Road,Woodlands Crescent	----	----	----	----	----	----	----	0925	----	----	----	0955
Gordon Avenue,Hillcrest Road	----	----	----	0823	----	0853	----	----	----	0935	----	----
South Hill Road,Charles Avenue	----	----	----	0830	----	0900	----	----	----	0942	----	----
Thorpe St.Andrew,Sainsburys	----	----	----	0834	----	0904	----	0929	----	0946	----	0959

Service No.:	23A	24	23	24A	23A	24	23	24A	23A	24	23	24A
Notes:												
Queens Hills,Kestrel Avenue	----	0910	----	0925	----	0940	----	0955	----	1010	----	1025
Longwater,Sainsburys	----	0915	----	0930	----	0945	----	1000	----	1015	----	1030
William Frost Way,Sainsburys	----	----	----	----	----	----	----	----	----	----	----	----
Lodge Farm,Lord Nelson Drive	0906	----	0922	----	0936	----	0952	----	1006	----	1022	----
Roundwell Medical Centre	----	0919	----	0934	----	0949	----	1004	----	1019	----	1034
Roundwell Medical Centre	0909	----	0925	----	0939	----	0955	----	1009	----	1025	----
Costessey,Longwater Lane,Park	0911	----	----	----	0941	----	----	----	1011	----	----	----
Costessey,Longwater Lane,Park	----	----	----	----	----	----	----	----	----	----	----	----
Costessey,Breckland Road Roundabout	----	----	0932	----	----	----	1002	----	----	----	1032	----
Dereham Road,Larkman Lane	0921	0928	0936	0943	0951	0958	1006	1013	1021	1028	1036	1043
Dereham Road,Adelaide Street	0928	0935	0943	0950	0958	1005	1013	1020	1028	1035	1043	1050
City Centre,St Stephens Street	----	----	----	----	----	----	----	----	----	----	----	----
City Centre,Theatre Street [BH]	0938	0945	0953	1000	1008	1015	1023	1030	1038	1045	1053	1100
City Centre,Castle Meadow arr	0943	0950	0958	1005	1013	1020	1028	1035	1043	1050	1058	1105
City Centre,Castle Meadow [CF] dep	0945	0952	1000	1007	1015	1022	1030	1037	1045	1052	1100	1107
Rail Station,Riverside Road	0949	0956	1004	1011	1019	1026	1034	1041	1049	1056	1104	1111
Plumstead Road,The Heartsease	0955	1002	1010	1017	1025	1032	1040	1047	1055	1102	1110	1117
Salhouse Road,Homebase	0958	----	1013	----	1028	----	1043	----	1058	----	1113	----
Heartsease,Sale Road	1001	----	1016	----	1031	----	1046	----	1101	----	1116	----
Plumstead Road East,Witard Road	----	----	----	1019	----	----	----	1049	----	----	----	1119
Booty Road,Woodlands Crescent	----	----	----	1025	----	----	----	1055	----	----	----	1125
Gordon Avenue,Hillcrest Road	----	1005	----	----	----	1035	----	----	----	1105	----	----
South Hill Road,Charles Avenue	----	1012	----	----	----	1042	----	----	----	1112	----	----
Thorpe St.Andrew,Sainsburys	----	1016	----	1029	----	1046	----	1059	----	1116	----	1129

Service No.:	23A	24	23	24A	23A	24	23	24A	23A	24	23	24A
Notes:												
Queens Hills,Kestrel Avenue	----	1040	----	1055	----	1110	----	1125	----	1140	----	1155
Longwater,Sainsburys	----	1045	----	1100	----	1115	----	1130	----	1145	----	1200
William Frost Way,Sainsburys	----	----	----	----	----	----	----	----	----	----	----	----
Lodge Farm,Lord Nelson Drive	1036	----	1052	----	1106	----	1122	----	1136	----	1152	----
Roundwell Medical Centre	----	1049	----	1104	----	1119	----	1134	----	1149	----	1204
Roundwell Medical Centre	1039	----	1055	----	1109	----	1125	----	1139	----	1155	----
Costessey,Longwater Lane,Park	1041	----	----	----	1111	----	----	----	1141	----	----	----
Costessey,Longwater Lane,Park	----	----	----	----	----	----	----	----	----	----	----	----
Costessey,Breckland Road Roundabout	----	----	1102	----	----	----	1132	----	----	----	1202	----
Dereham Road,Larkman Lane	1051	1058	1106	1113	1121	1128	1136	1143	1151	1158	1206	1213
Dereham Road,Adelaide Street	1058	1105	1113	1120	1128	1135	1143	1150	1158	1205	1213	1220
City Centre,St Stephens Street	----	----	----	----	----	----	----	----	----	----	----	----
City Centre,Theatre Street [BH]	1108	1115	1123	1130	1138	1145	1153	1200	1208	1215	1223	1230
City Centre,Castle Meadow arr	1113	1120	1128	1135	1143	1150	1158	1205	1213	1220	1228	1235
City Centre,Castle Meadow [CF] dep	1115	1122	1130	1137	1145	1152	1200	1207	1215	1222	1230	1237
Rail Station,Riverside Road	1119	1126	1134	1141	1149	1156	1204	1211	1219	1226	1234	1241
Plumstead Road,The Heartsease	1125	1132	1140	1147	1155	1202	1210	1217	1225	1232	1240	1247
Salhouse Road,Homebase	1128	----	1143	----	1158	----	1213	----	1228	----	1243	----
Heartsease,Sale Road	1131	----	1146	----	1201	----	1216	----	1231	----	1246	----
Plumstead Road East,Witard Road	----	----	----	1149	----	----	----	1219	----	----	----	1249
Booty Road,Woodlands Crescent	----	----	----	1155	----	----	----	1225	----	----	----	1255
Gordon Avenue,Hillcrest Road	----	1135	----	----	----	1205	----	----	----	1235	----	----
South Hill Road,Charles Avenue	----	1142	----	----	----	1212	----	----	----	1242	----	----
Thorpe St.Andrew,Sainsburys	----	1146	----	1159	----	1216	----	1229	----	1246	----	1259

Service No.:	23A	24	23	24A	23A	24	23	24A	23A	24	23	24A
Notes:												
Queens Hills,Kestrel Avenue	----	1210	----	1225	----	1240	----	1255	----	1310	----	1325
Longwater,Sainsburys	----	1215	----	1230	----	1245	----	1300	----	1315	----	1330
William Frost Way,Sainsburys	----	----	----	----	----	----	----	----	----	----	----	----
Lodge Farm,Lord Nelson Drive	1206	----	1222	----	1236	----	1252	----	1306	----	1322	----
Roundwell Medical Centre	----	1219	----	1234	----	1249	----	1304	----	1319	----	1334
Roundwell Medical Centre	1209	----	1225	----	1239	----	1255	----	1309	----	1325	----
Costessey,Longwater Lane,Park	1211	----	----	----	1241	----	----	----	1311	----	----	----
Costessey,Longwater Lane,Park	----	----	----	----	----	----	----	----	----	----	----	----
Costessey,Breckland Road Roundabout	----	----	1232	----	----	----	1302	----	----	----	1332	----
Dereham Road,Larkman Lane	1221	1228	1236	1243	1251	1258	1306	1313	1321	1328	1336	1343
Dereham Road,Adelaide Street	1228	1235	1243	1250	1258	1305	1313	1320	1328	1335	1343	1350
City Centre,St Stephens Street	----	----	----	----	----	----	----	----	----	----	----	----
City Centre,Theatre Street [BH]	1238	1245	1253	1300	1308	1315	1323	1330	1338	1345	1353	1400
City Centre,Castle Meadow arr	1243	1250	1258	1305	1313	1320	1328	1335	1343	1350	1358	1405
City Centre,Castle Meadow [CF] dep	1245	1252	1300	1307	1315	1322	1330	1337	1345	1352	1400	1407
Rail Station,Riverside Road	1249	1256	1304	1311	1319	1326	1334	1341	1349	1356	1404	1411
Plumstead Road,The Heartsease	1255	1302	1310	1317	1325	1332	1340	1347	1355	1402	1410	1417
Salhouse Road,Homebase	1258	----	1313	----	1328	----	1343	----	1358	----	1413	----
Heartsease,Sale Road	1301	----	1316	----	1331	----	1346	----	1401	----	1416	----
Plumstead Road East,Witard Road	----	----	----	1319	----	----	----	1349	----	----	----	1419
Booty Road,Woodlands Crescent	----	----	----	1325	----	----	----	1355	----	----	----	1425
Gordon Avenue,Hillcrest Road	----	1305	----	----	----	1335	----	----	----	1405	----	----
South Hill Road,Charles Avenue	----	1312	----	----	----	1342	----	----	----	1412	----	----
Thorpe St.Andrew,Sainsburys	----	1316	----	1329	----	1346	----	1359	----	1416	----	1429

Service No.:	23A	24	23	24A	23A	24	23	24A	23A	24	23	24A
Notes:												
Queens Hills,Kestrel Avenue	----	1340	----	1355	----	1410	----	1425	----	1440	----	1455
Longwater,Sainsburys	----	1345	----	1400	----	1415	----	1430	----	1445	----	1500
William Frost Way,Sainsburys	----	----	----	----	----	----	----	----	----	----	----	----
Lodge Farm,Lord Nelson Drive	1336	----	1352	----	1406	----	1422	----	1436	----	1452	----
Roundwell Medical Centre	----	1349	----	1404	----	1419	----	1434	----	1449	----	1504
Roundwell Medical Centre	1339	----	1355	----	1409	----	1425	----	1439	----	1455	----
Costessey,Longwater Lane,Park	1341	----	----	----	1411	----	----	----	1441	----	----	----
Costessey,Longwater Lane,Park	----	----	----	----	----	----	----	----	----	----	----	----
Costessey,Breckland Road Roundabout	----	----	1402	----	----	----	1432	----	----	----	1502	----
Dereham Road,Larkman Lane	1351	1358	1406	1413	1421	1428	1436	1443	1451	1458	1506	1513
Dereham Road,Adelaide Street	1358	1405	1413	1420	1428	1435	1443	1450	1458	1505	1513	1520
City Centre,St Stephens Street	----	----	----	----	----	----	----	----	----	----	----	----
City Centre,Theatre Street [BH]	1408	1415	1423	1430	1438	1445	1453	1500	1508	1515	1523	1530
City Centre,Castle Meadow arr	1413	1420	1428	1435	1443	1450	1458	1505	1513	1520	1528	1535
City Centre,Castle Meadow [CF] dep	1415	1422	1430	1437	1445	1452	1500	1507	1515	1522	1530	1537
Rail Station,Riverside Road	1419	1426	1434	1441	1449	1456	1504	1511	1519	1526	1534	1541
Plumstead Road,The Heartsease	1425	1432	1440	1447	1455	1502	1510	1517	1525	1532	1540	1547
Salhouse Road,Homebase	1428	----	1443	----	1458	----	1513	----	1528	----	1543	----
Heartsease,Sale Road	1431	----	1446	----	1501	----	1516	----	1531	----	1546	----
Plumstead Road East,Witard Road	----	----	----	1449	----	----	----	1519	----	----	----	1549
Booty Road,Woodlands Crescent	----	----	----	1455	----	----	----	1525	----	----	----	1555
Gordon Avenue,Hillcrest Road	----	1435	----	----	----	1505	----	----	----	1535	----	----
South Hill Road,Charles Avenue	----	1442	----	----	----	1512	----	----	----	1542	----	----
Thorpe St.Andrew,Sainsburys	----	1446	----	1459	----	1516	----	1529	----	1546	----	1559

Service No.:	23A	24	23	24A	23A	24	23	24A	23A	24	23	24A
Notes:												
Queens Hills,Kestrel Avenue	----	1510	----	1525	----	1540	----	1555	----	1610	----	1625
Longwater,Sainsburys	----	1515	----	1530	----	1545	----	1600	----	1615	----	1630
William Frost Way,Sainsburys	----	----	----	----	----	----	----	----	----	----	----	----
Lodge Farm,Lord Nelson Drive	1506	----	1522	----	1536	----	1552	----	1606	----	1622	----
Roundwell Medical Centre	----	1519	----	1534	----	1549	----	1604	----	1619	----	1634
Roundwell Medical Centre	1509	----	1525	----	1539	----	1555	----	1609	----	1625	----
Costessey,Longwater Lane,Park	1511	----	----	----	1541	----	----	----	1611	----	----	----
Costessey,Longwater Lane,Park	----	----	----	----	----	----	----	----	----	----	----	----
Costessey,Breckland Road Roundabout	----	----	1532	----	----	----	1602	----	----	----	1632	----
Dereham Road,Larkman Lane	1521	1528	1536	1543	1551	1558	1606	1613	1621	1628	1636	1643
Dereham Road,Adelaide Street	1528	1535	1543	1550	1558	1605	1613	1620	1628	1635	1643	1650
City Centre,St Stephens Street	----	----	----	----	----	----	----	----	----	----	----	----
City Centre,Theatre Street [BH]	1538	1545	1553	1600	1608	1615	1623	1630	1638	1645	1653	1700
City Centre,Castle Meadow arr	1543	1550	1558	1605	1613	1620	1628	1635	1643	1650	1658	1705
City Centre,Castle Meadow [CF] dep	1545	1552	1600	1607	1615	1622	1630	1637	1645	1652	1700	1707
Rail Station,Riverside Road	1549	1556	1604	1611	1619	1626	1634	1641	1649	1656	1704	1711
Plumstead Road,The Heartsease	1555	1602	1610	1617	1625	1632	1640	1647	1655	1702	1710	1717
Salhouse Road,Homebase	1558	----	1613	----	1628	----	1643	----	1658	----	1713	----
Heartsease,Sale Road	1601	----	1616	----	1631	----	1646	----	1701	----	1716	----
Plumstead Road East,Witard Road	----	----	----	1619	----	----	----	1649	----	----	----	1719
Booty Road,Woodlands Crescent	----	----	----	1625	----	----	----	1655	----	----	----	1725
Gordon Avenue,Hillcrest Road	----	1605	----	----	----	1635	----	----	----	1705	----	----
South Hill Road,Charles Avenue	----	1612	----	----	----	1642	----	----	----	1712	----	----
Thorpe St.Andrew,Sainsburys	----	1616	----	1629	----	1646	----	1659	----	1716	----	1729

Service No.:	23A	24	23	24A	23A	24	23	24A	23A	24	23	24A
Notes:							RH				RH	
Queens Hills,Kestrel Avenue	----	1640	----	1655	----	1710	----	1725	----	1745	----	1800
Longwater,Sainsburys	----	1645	----	1700	----	1715	----	1730	----	1750	----	1805
William Frost Way,Sainsburys	----	----	----	----	----	----	----	----	----	----	----	----
Lodge Farm,Lord Nelson Drive	1636	----	1652	----	1706	----	1722	----	1738	----	1757	----
Roundwell Medical Centre	----	1649	----	1704	----	1719	----	1734	----	1754	----	1809
Roundwell Medical Centre	1639	----	1655	----	1709	----	1725	----	1741	----	1800	----
Costessey,Longwater Lane,Park	1641	----	----	----	1711	----	----	----	1743	----	----	----
Costessey,Longwater Lane,Park	----	----	----	----	----	----	----	----	----	----	----	----
Costessey,Breckland Road Roundabout	----	----	1702	----	----	----	1732	----	----	----	1807	----
Dereham Road,Larkman Lane	1651	1658	1706	1713	1721	1728	1736	1743	1753	1803	1811	1818
Dereham Road,Adelaide Street	1658	1705	1713	1720	1728	1735	1743	1750	1800	1810	1818	1825
City Centre,St Stephens Street	----	----	----	----	----	----	----	----	----	----	----	----
City Centre,Theatre Street [BH]	1708	1715	1723	1730	1738	1745	1753	1800	1810	1820	1828	1835
City Centre,Castle Meadow arr	1713	1720	1728	1735	1743	1750	1758	1805	1815	1825	1833	1840
City Centre,Castle Meadow [CF] dep	1715	1722	1730	1737	1745	1752	1800	1807	1817	1827	1835	1842
Rail Station,Riverside Road	1719	1726	1734	1741	1749	1756	1804	1811	1821	1831	1839	1846
Plumstead Road,The Heartsease	1725	1732	1740	1747	1755	1802	1810	1817	1827	1837	1845	1852
Salhouse Road,Homebase	1728	----	1743	----	1758	----	1813	----	1830	----	1848	----
Heartsease,Sale Road	1731	----	1746	----	1801	----	1816	----	1833	----	1851	----
Plumstead Road East,Witard Road	----	----	----	1749	----	----	----	1819	----	----	----	1854
Booty Road,Woodlands Crescent	----	----	----	1755	----	----	----	1825	----	----	----	1900
Gordon Avenue,Hillcrest Road	----	1735	----	----	----	1805	----	----	----	1840	----	----
South Hill Road,Charles Avenue	----	1742	----	----	----	1812	----	----	----	1847	----	----
Thorpe St.Andrew,Sainsburys	----	1746	----	1759	----	1816	----	1829	----	1851	----	1904

Notes:

RH Journey finishes at Rider Haggard Road

Service No.:	23A	23	23A	23	23A	23	23A	23	23A	23	23A	23
Notes:		DU	RH									
Queens Hills,Kestrel Avenue	----	----	----	1909	----	2009	----	2109	----	2209	----	----
Longwater,Sainsburys	----	----	----	1914	----	2014	----	2114	----	2214	----	----
William Frost Way,Sainsburys	----	----	----	----	1940	----	2040	----	2140	----	2240	----
Lodge Farm,Lord Nelson Drive	1811	1827	1844	----	----	----	----	----	----	----	----	----
Roundwell Medical Centre	----	----	----	1917	1943	2017	2043	2117	2143	2217	2243	----
Roundwell Medical Centre	1814	1830	1847	1918	1944	2018	2044	2118	2144	2218	2244	----
Costessey,Longwater Lane,Park	1816	----	1849	----	1946	----	2046	----	2146	----	2246	----
Costessey,Longwater Lane,Park	----	----	----	----	----	----	----	----	----	----	----	2325
Costessey,Breckland Road Roundabout	----	1837	----	1924	----	2024	----	2124	----	2224	----	2330
Dereham Road,Larkman Lane	1826	1841	1858	1928	1955	2028	2055	2128	2155	2228	2255	2334
Dereham Road,Adelaide Street	1833	1848	1905	1935	2000	2035	2100	2135	2200	2235	2300	2339
City Centre,St Stephens Street	----	----	----	----	2008	----	2108	----	2208	----	2308	----
City Centre,Theatre Street [BH]	1843	1858	1915	1945	----	2045	----	2145	----	2245	----	2349
City Centre,Castle Meadow arr	1848	1903	1918	1948	----	2048	----	2148	----	2248	----	----
City Centre,Castle Meadow [CF] dep	1850	1905	1920	1950	----	2050	----	2150	----	2250	----	----
Rail Station,Riverside Road	1854	1909	1924	1953	----	2053	----	2153	----	2253	----	----
Plumstead Road,The Heartsease	1900	1915	1930	1959	----	2059	----	2159	----	2259	----	----
Salhouse Road,Homebase	1903	1918	1933	2002	----	2102	----	2202	----	2302	----	----
Heartsease,Sale Road	1906	1921	1936	2005	----	2105	----	2205	----	2305	----	----
Plumstead Road East,Witard Road	----	----	----	----	----	----	----	----	----	----	----	----
Booty Road,Woodlands Crescent	----	1928	----	----	----	----	----	----	----	2312	----	----
Gordon Avenue,Hillcrest Road	----	----	----	----	----	----	----	----	----	----	----	----
South Hill Road,Charles Avenue	----	----	----	----	----	----	----	----	----	----	----	----
Thorpe St.Andrew,Sainsburys	----	----	----	----	----	----	----	----	----	----	----	----

Notes:

RH Journey finishes at Rider Haggard Road
DU Journey continues to Dussindale via Thorpe St Andrew