

Ammanford - Cwmaman
via Garnant,Glanaman

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Monday to Saturday (except Bank Holidays)

Service Number	145	145	146	145	146	146
Ammanford (Bus Station)	0900	1100	1200	1300	1400	1620
Ammanford (Opp.Wilkinsons)	0902	1102	1202	1302	1402	1622
Glanaman (Bro Ryan)	0911	1111	1211	1311	1411	1631
Glanaman (Square)	0913	1113	1213	1313	1413	1633
Garnant (New School Road)	0915	1115	1315
Cwmaman (Heol Aman) shelter	1216	1416	1636
Folland Road (Hospital)	1218	1418	1638
Maes-y-Bedol (Shelter)	1222	1422	1642
Twyn (Square)	1226	1426	1646
Garnant (Raven Inn)	0917	1117	1227	1317	1427	1647
Garnant (Stepney Road)	0919	1119	1229	1319	1429	1649
Garnant (Raven Inn)	0921	1121	1231	1321	1431	1651
Garnant (New School Road)	1234	1434	1654
Twyn (Square)	0923	1123	1323
Maes-y-Bedol (Shelter)	0927	1127	1327
Folland Road (Opp.Hospital)	0930	1130	1330
Cwmaman (Heol Aman) shelter	0933	1133	1333
Glanaman (Square)	0935	1135	1235	1335	1435	1655
Glanaman (Bro Ryan)	0938	1138	1238	1338	1438	1658
Ammanford (Wilkinsons)	0947	1147	1247	1347	1447	1707
Ammanford (Bus Station)	0951	1151	1251	1351	1451	1711